### **INTRODUCTION TO THE ART AND SCIENCE OF NURSING**

NURS 1101 N8 FRIDAYS AT 9.05AM IN SID RICH 224 BAYLOR UNIVERSITY LOUISE HERRINGTON SCHOOL OF NURSING

## **Instructor**

Monica L. Mullins, M.Ed., Director of Student Services monica\_mullins@baylor.edu Phone: 214.818.3361 (office) / 405.274.0649 (cell) Peer Leader: Kate Montgomery *Office located at the School of Nursing in Dallas, TX* Office Hours in Dallas: M-R 8.00am – 5.00pm Available for appointments in Waco on Friday

## **Description**

NUR 1101 is designed to introduce the pre-nursing student to the profession of Nursing and to provide the student with resources to promote academic success at Baylor University. The student will explore the mission of Baylor University as well as the mission and philosophy of the Louise Herrington School of Nursing.

## **Course Objectives**

Upon completion of the course the student will:

- 1. Identify the undergraduate learning outcomes of Baylor University.
- 2. Discuss the mission and philosophy of the Louise Herrington School of Nursing.
- 3. Explore the concepts of Christian faith that influence the art and science of nursing.
- 4. Examine the history and image of nursing in American society.
- 5. Explore the range of career opportunities for nursing practice.
- 6. Compare and Contrast the role of nursing and other professions in the interdisciplinary healthcare team.
- 7. Develop personal and professional goals.

## **New Student Experience**

Baylor cares about your transition into college, so all incoming students are required to take a New Student Experience (NSE) course. NSE courses provide the opportunity for first-semester students to form meaningful connections with each other and with faculty in an academic community. NSE courses also introduce students to the key values of a liberal education including critical thinking, the integration of faith and learning, and social responsibility through the lens of Nursing. NSE courses are designed to support your success by engaging you academically, socially, and spiritually in the earliest stages of student development.

By the end of the first year, through your participation in the overall New Student Experience programming at Baylor including Orientation, Line Camp, Move-In, Welcome Week, Chapel, and this NSE course, we hope you will:

- 1. Understand Baylor's mission and learning outcomes
- 2. Connect to Baylor
- 3. Engage in spiritual formation
- 4. Develop personal and professional goals
- 5. Succeed academically
- 6. Develop autonomy through caring community

Learn more at http://www.baylor.edu/nse

## **Teaching Strategies**

Student work in this course includes direct and indirect faculty instruction. This 1 credit hour course uses the Carnegie unit to determine academic hours dedicated to this course and recommends 15 hours of academic engagement and 30 hours of preparation (such as reading, study time, and completing assignments and projects). Academic engagement may include, but is not limited to, the teaching strategies listed below: Discussion, lecture, reflection, reading / writing assignments, group presentations, videos, PowerPoints, and Field Trip.

Students who wish to tape/record a class (i.e., lecture) must seek the permission of the instructor before beginning the recording.

## **Required Text Book**

*The Shift: One Nurse, Twelve Hours, Four Patients' Lives* by Theresa Brown **ISBN-10:** 1616206020

## **Recommended Computer Specifications:**

Although this course does not rely heavily on technology, the School of Nursing requires the student to have a laptop computer and access to high speed cable or DSL internet access. The following is a list of the *recommended* computer requirements to access course materials on-line:

PC operating systems	<ul> <li>Windows XP SP3, Windows Vista, Windows 7 - not Windows 8 (It is unknown at this time if Windows 8 will be compatible with all Baylor and vendor software.)</li> </ul>		
PC browsers	<ul> <li>Internet Explorer (IE) 7, 8</li> <li>FireFox (Mozilla) 16, 17</li> </ul>		
Webcam	Built in webcams should be fine, if not built in make sure it is compatible with the computer's operating system.		
Microphone	A headset is preferred; however, any good quality internal or external microphone will work		
Mac operating systems	Mac OSX 10.6, 10.7, 10.8		
Mac browsers	<ul> <li>Safari 5, 6</li> <li>FireFox (Mozilla) 16, 17</li> </ul>		
DVD Drive	· DVD+/-RW Drive		
Hard Drive	· 120 GB		
Video	<ul> <li>128MB of graphics memory</li> </ul>		
RAM	· 4 GB		
CPU	2 GHz Duo Core processor, i3 ,i5		
Wireless Connectivity	802.11 b/g/n		
Internet Connection	<ul> <li>High Speed Cable or DSL with a min download speed of 128 kbps; dial up will not provide needed speed</li> <li>For MOVI/Jabber users download and upload speeds need to be a Minimum of 512 kbps for presentations.</li> </ul>		

## **Course Outline**

Week	Date of Class	Class Topic	Reading Due	Assignment Due	Instructor
1	08.30.19	Course Introduction			Mullins
2	09.06.19	Academic Success (College and Nursing)			Mullins
3	09.13.19	Goal setting & Time Management	The Shift: 1 – 68	Reflection Paper 1 Due at 10pm on 09.12.19 (Thurs) *REQUIRED HOMEWORK	Mullins
4	09.20.19	Liberal Arts & Nursing Baylor's Mission and 4 C's	<i>The Shift</i> : 69 – 136 Null (2011) General Education Outcomes	Reflection Paper 2 Due at 10pm on 09.19.19 (Thurs) Time Management worksheet (in class) *REQUIRED HOMEWORK	Mullins
5	09.27.19	Nursing School Admissions COMBINED CLASS IN ELLISTON CHAPEL (EAST VILLAGE)	The Shift: 137 – 256 LHSON admission policies	Reflection Paper 3 Due at 10pm on 09.26.19 (Thurs) *REQUIRED HOMEWORK	Boozer Mbriwa Mullins Pyron Soltwisch
6	10.04.19	Images of Nursing in Society	Johnson & Johnson website	Reflection Paper 4Due at 10pm on10.03.19 (Thurs)*REQUIRED HOMEWORKPay \$20 for field trip	Mullins
7	10.11.19	Spiritual Formation & Spiritual Care in Nursing		Confirm presentation groups and topics	Mullins
8	10.18.19	Leave Your Mark presentation	NA		Guest speakers
10	10.25.19	NO CLASS: Fall Break	NA	*REQUIRED HOMEWORK	Mullins
11	11.01.19	Student Presentations	Independent research	Presentations about specialty	Students
12	11.08.19	Field Trip to Dallas Campus			Mullins
13	11.15.19	Student Presentations	Independent research	Presentations about specialty	Students
14	11.22.19	Finals' Success, Wrap Up, and Last Class Meeting		HESI A2 *REQUIRED HOMEWORK	

### Assignments and Homework

**Field Trip to Dallas** (Homework): All students enrolled in NUR 1101 are required to attend the field trip to Dallas on Friday, November 8<sup>th</sup>. The cost of the trip will be \$20, which includes transportation, snacks, and dessert. Food trucks will be available at the school to purchase dinner. If a student cannot attend for an approved reason, the student will be responsible for interviewing both a current LHSON faculty member and a nursing student to learn more about the nursing school experience. The student will submit a two (2) page reflection paper summarizing the interviews. *Sign up and trip payment is due by September 27<sup>th</sup> at 5pm through an online payment system.* 

**The Shift Reflection Papers** (4): Over the course of the semester, students will submit four (4) reflection papers. Each paper should be one page (double-spaced) in length and answer the writing prompt provided. Reflection papers will be graded on the quality of content and grammar. Students are expected to reflect on a close reading of the required text and upon their own experiences. Due dates are noted on the assignment prompts and on the Course Outline above.

#### Nursing Specialties Project (November 1st and 15th)

Students will work in groups of two (2) to create a presentation about one nursing specialty. Topics will be picked by October 4<sup>th</sup>. Each group will have 5-7 minutes to teach the class about their specialty. Students are encouraged to use online sources, professional organization statements, and personal interviews to gather information about their specialty. A printed reference list in APA format should also be submitted at the time of the presentation. Students should use a minimum of three sources and prepare a PowerPoint or Prezi to accompany the in-class presentation.

#### HESI A2 Exam (November 22<sup>nd</sup>)

Students are required to complete the HESI A2 exam prior to the last day of class. You can find information about how to register for the exam and prep materials at <u>www.baylor.edu/irt/hesi</u>. You will be required to upload a copy of your score report into Canvas to receive credit for the assignment. If you do not have access to a scanner, there are free apps for Android and iOS, such as that Office Lens app, that can be used to upload the document. Your course grade for this assignment is simply a completion grade. You will receive full credit simply for taking the test.

#### **Requirements and Evaluation Methods**

ASSIGNMENT	POINTS
Reflection papers (4):	400
Field Trip:	100
Class presentation:	200
HESI A2:	200
Attendance / Participation:	100
Total:	1000

<u>Grading Scale</u>: The following Baylor University Louise Herrington School of Nursing grading scale will be used to compute grades for this course.

GRADING SCALE RANGE		LETTER GRADE	GPA	
97.00	-	100.0	A+	
93.00	—	96.99	А	4.0
89.00	${\mathcal I} = {\mathcal I}$	92.99	A-	3.67
85.00	-	88.99	B+	3.33
81.00	-	84.99	В	3.0
77.00	$(-\pi)$	80.99	B-	2.67
74.00	-	76.99	C+	2.33
71.00	-	73.99	С	2.0
68.00		70.99	C-	1.67
65.00	${\bf x} = {\bf x}$	67.99	D+	1.33
62.00	-	64.99	D	1.0
60.00	-	61.99	D-	0.67
00.00	-	59.99	F	0.00

#### Rounding Policy:

**GRADES WILL NOT BE ROUNDED.** Individual assignments and test grades will be carried out to the second decimal place throughout the semester. The resulting numerical final course grade is truncated following the second decimal (e.g., 80.99672 = 80.99 = B-). There will be no rounding of the final course grade. The final course grade will be recorded as a letter grade as described in the LHSON grading scale. The final course grade will be posted to BearWeb as a letter grade.

According to Baylor University Louise Herrington School of Nursing policy, a grade of "C" is required in all courses in the nursing major. After admission to the Louise Herrington School of Nursing, a student is only allowed to repeat a nursing course one time and can only repeat a maximum of two courses in order to continue in the nursing major.

Class participation is expected of students; however, there is no option for "extra credit" or "bonus points" to improve grades.

Students must use APA format for all in-text references and bibliographic citations.

#### Honor Code

All students' conduct while attending Baylor University must adhere to the provisions of the Baylor University Honor Code. Students must be familiar with the Honor Code and actions in the classroom, lab and clinical site which would result in an Honor Code violation. Honor Code violations can result in sanctions including failure from the course, probation, suspension, or expulsion. Any student who violates the Honor Code will be disciplined in accordance with the sanctions imposed by the faculty member as outlined in the Honor Code and the University policies. <u>www.baylor.edu/honorcode</u>

# It is a violation of the Honor Code for a student to dishonorably obtain and / or disclose the contents of any examination.

#### **Learning Accommodations**

Students who are seeking support services from the Baylor University Office of Access and Learning Accommodation on the basis of diagnosed disability are required to submit documentation to verify eligibility under Section 504 of the Rehabilitation Act of 1973. According to Baylor University's policy, all students seeking accommodations must submit official letters from the Office of Access and Learning Accommodation to their faculty members each semester to be eligible to receive accommodations. Contact the Paul L. Foster Success Center if you have questions or need assistance with this process.

#### **Baylor University Title IX**

Sexual and Gender-Based Harassment and Interpersonal Violence Policy

Baylor University does not discriminate on the basis of sex or gender in any of its education or employment programs and activities, and it does not tolerate discrimination or harassment on the basis of sex or gender. This policy prohibits sexual and gender-based harassment, sexual assault, sexual exploitation, stalking, intimate partner violence, and retaliation (collectively referred to as prohibited conduct). For more information on how to report, or to learn more about our policy and process, please visit www.baylor.edu/titleix. You may also contact the Title IX office directly by phone, (254) 710-8454, or email, <u>TitleIX Coordinator@baylor.edu</u>.

#### **Attendance**

Attendance is consistent with Baylor University policy. The student is required to attend all scheduled course sessions in any setting, unless serious personal or family illness or accident prevents him/her from doing so. Any student who is not present for at least **80%** of scheduled class sessions will automatically receive a grade of "F in the course. Please see the Louise Herrington School of Nursing Student Information Guide if you need further clarification. It is available on the website at <u>www.baylor.edu/Nursing</u>

If a student anticipates missing a class, he/she should notify the faculty member in advance. If an assignment is late due to illness or a family emergency, the student should communicate with the faculty member in advance or as soon as possible after the missed deadline. For graded assignments, faculty may deduct points for work which is turned in late.

#### **Classroom Courtesy**

The faculty respect and value your presence in the classroom. Please let your behavior reflect your respect and appreciation for them. So that faculty and students are consistent in classroom etiquette, the following are expectations of students as they attend class:

- 1. Class starts and ends on time. Be in your chair by the class start time. If you arrive after class has begun, do not allow the door to slam, seat yourself quietly.
- 2. You should not talk while the instructor is lecturing or while others are asking or answering questions. If you feel the need to talk to a peer during class please leave the room in deference to your peers.
- 3. Refrain from doing homework, studying, other coursework or personal correspondence (e.g. Facebook, writing letters, paying bills) while you are in the class.
- 4. If you have a cell phone, turn them to silent mode. If there is a reason for your cell phone to be on (severely ill family member, etc.), inform the faculty member prior to the start of class and sit close to the door so that interruption can be minimal to the rest of the class. Otherwise, turn off or to vibrate all electronic equipment prior to the start of class.
- 5. Recording attendance and then leaving class is unacceptable. Recording attendance for a classmate is a violation of the Honor Code. Notify the faculty member prior to the beginning of class if you must leave class early.

#### Audio / Video / Photography / Distribution of Course Materials

All course materials are only for the use of students enrolled in this course for purposes associated with this course. Audio/video recording or photography of courses in session is strictly prohibited by students unless previous permission has been granted by the faculty. Tegrity recordings will be utilized by faculty as necessary

to capture classroom content. Duplication and/or distribution of any classroom materials via print, email, or other electronic means to individuals who are not currently enrolled in this course are prohibited.

Students must adhere to the social media guidelines of the National Council of State Boards of Nursing and the American Nurses Association.

#### **Electronic Communications**

Baylor University and the Louise Herrington School of Nursing's faculty and staff will send official correspondence to a student via e-mail using the student's e-mail address as assigned by Baylor. Faculty, students, and staff of the Louise Herrington School of Nursing are expected to use their Baylor University e-mail address for all official communication. Please follow this link <a href="http://www.baylor.edu/lib/techguide/index.php?id=17855">http://www.baylor.edu/lib/techguide/index.php?id=17855</a> for detailed information regarding use of e-mail at Baylor.

#### **Required Text and Online Resources**

No text books will be required for this course. Readings will be provided in class or via Blackboard.

#### Syllabus Disclaimer

Although every effort will be made NOT to change schedules, unforeseen events may cause changes to the scheduling of campus classes/labs/activities, online classes/activities, Tegrity lectures, quizzes, exams, etc. Class topic and exam schedule may change with notice. Faculty reserve the right to make any changes deemed necessary to best fulfill the course objectives. Students registered for this course will be made aware of any changes in a timely fashion using reasonable means such as Blackboard and Baylor email. It is the responsibility of each student to know what changes if any, have been made to the provisions of this syllabus and to successfully complete the requirements of this course.

### For a New Beginning

John O'Donohue

In out of the way places of the heart Where your thoughts never think to wander This beginning has been quietly forming Waiting until you were ready to emerge. For a long time it has watched your desire Feeling the emptiness grow inside you Noticing how you willed yourself on Still unable to leave what you had outgrown.

It watched you play with the seduction of safety And the grey promises that sameness whispered Heard the waves of turmoil rise and relent Wondered would you always live like this. Then the delight, when your courage kindled, And out you stepped onto new ground, Your eyes young again with energy and dream A path of plenitude opening before you.

Though your destination is not clear You can trust the promise of this opening; Unfurl yourself into the grace of beginning That is one with your life's desire. Awaken your spirit to adventure Hold nothing back, learn to find ease in risk Soon you will be home in a new rhythm For your soul senses the world that awaits you.