Academic Rigor: *Wise Choice Process Model*

The **Wise Choice Process Model** is a six-question decision-making model that students can utilize in order to make a responsible decision in the face of any challenge. This decision-making system empowers students to take greater responsibility for creating the life they want and reaching the goals they have set despite the inevitable challenges that life presents.

The six empowering steps of the Wise Choice Process are:

1. *What’s my present situation?*
2. *How would I like my situation to be?*
3. *What are my possible choices?*
4. *What is the likely outcome of each possible choice?*
5. *Which choice(s) will I commit to doing?*
6. *When and how will I evaluate my plan?*

**Directions:**

1. Show the power point to students. When you come to the slides regarding “Creating New Outcomes,” have the students work through the Wise Choice Process Model in a situation with which they are currently dealing. Then complete the power point.
2. Class discussion: *How was this beneficial?* Assist students in the realization that they are not “stuck.” They always have control over their attitude and effort, even if they cannot control a particular situation.

