Academic Rigor: New students will become active learners who take ownership of their academic path, developing critical thinking skills and a passion for lifelong learning.

Learning Outcomes:

1. Develop foundational academic habits including time management, active and regular class participation, grit, and effective study skills.
2. Develop an educational plan that will lead to timely graduation by partnering with their academic advisor and affirming a best-fit major.
3. Meet progression requirements and enroll for subsequent semesters.
4. Utilize at least two university resources that can assist with academic success.

Equipment: device with internet connection and audio

Activity:

1. Have students listen to 3 episodes of the Student Success Initiatives Podcast, total listening time can vary between 25 minutes to an hour.
2. Assign Episode 46 - Ron English's Tips for How to Study as a **required** episode and direct students to pick the remaining 2 episodes from different seasons. Season 1, Season 2 or the Time Management series.

   Possible Modification: You could choose to listen to the required video together in class and assign the other two for homework.

3. Ask students to submit a written reflection on the episodes they listened to and address the following questions

Reflection Questions:

1. What are 4 strategies Ron English provides in his podcast episode? Give examples of how you can incorporate each strategy in your study routine.
2. What resources did you learn about by listening to the podcasts? How can you utilize those resources for your success at Baylor?
3. Which of the three students did you find yourself most readily relating to? Why?
4. What do you think the most practical and helpful tip for success was for you?
5. After listening to the three podcasts, what are your reflections on how to face challenges?

Link to Ron English's tips for How to Study - https://www.baylor.edu/case/index.php?id=968907.

Link to main podcast page - https://www.baylor.edu/case/index.php?id=953976.